

# Comprehensive Psychological Evaluations conducted by a Clinical Psychologist ~

The value of a comprehensive evaluation is that many different diagnosis and clusters of symptoms can be sorted out. Such symptoms might range from major depression to schizophrenia in adulthood. Symptom profiles often observed in youth include impulsivity; conduct disorder behavior, chemical abuse, as well as major depression and bipolar disorder.

It is often very difficult to get an accurate diagnosis without the aid of a comprehensive psychological evaluation. As a clinical psychologist, Dr. Peterson can provide not only the skills of clinical interviewing and the review of medical records, but also the advanced skill of providing projective (i.e., Rorschach & TAT) and objective psychological testing (MMPI- A/2 & MCMI-III).

The goal of this brochure is to provide you with a list of instruments often utilized in a psychological evaluation.

## Standard Psychological Tests:

- ✚ Beck Depression Inventory – 2<sup>nd</sup> Ed.
- ✚ Hamilton Rating Scale for Depression
- ✚ Zung Depression Scale
- ✚ Child Depression Inventory
- ✚ Social Phobia Scale
- ✚ Minnesota Multiphasic Personality Inventory – Adolescent and 2<sup>nd</sup> Ed.
- ✚ Millon Clinical Multiaxial Inventory – III
- ✚ Millon Adolescent Clinical Inventory
- ✚ Thematic Apperception Test
- ✚ Rorschach (Exner Scoring System)
- ✚ Trauma Symptom Inventory
- ✚ Trauma Symptom Scale for Children
- ✚ Posttraumatic Stress Diagnostic Scale (PSD)
- ✚ Eating Disorder Inventory – 2<sup>nd</sup> Ed.
- ✚ Child Abuse Potential Inventory
- ✚ Personality Assessment Inventory
- ✚ Campbell Interest and Skill Survey
- ✚ Multiscale Dissociation Inventory
- ✚ Dissociative Experiences Scale
- ✚ Alcohol Use Inventory
- ✚ Myers-Briggs Type Inventory
- ✚ Murphy Meisgyer Scale
- ✚ 16PF 5<sup>th</sup> Ed – Couple's Counseling Inventory for Suicidal Ideation – 30
- ✚ General Ability Measure for Adults
- ✚ Validity Indicator Profile
- ✚ Hare Psychopathy Checklist – Rev.
- ✚ Symptom Checklist – 90 (SCL~90)

## *Fee Schedule*

Most individuals have concerns about paying for a psychological evaluation. Dr. Peterson provides evaluation and report writing services for a flat fee.

Many insurance plans are accepted for payment. Determining your benefits is an important first step in using insurance. Psychological testing often requires prior authorization and must be medically necessary. This may also require the submission of a current treatment plan for the patient.

We suggest that you contact your insurance company and find out exactly what mental health services are covered.

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A Journey of a thousand miles must begin with a single step.

Chinese Proverb

**Dr. Pamela Peterson, PhD, LP  
Clinical Psychologist**

Dr. Pamela Peterson has a wealth of experience in the area of psychological testing. She has been licensed by the Board of Psychology in Minnesota since 1998. She has been trained to provide expert witness testimony.

Dr. Peterson trained at the Fielding Institute in Santa Barbara, California where she earned her Doctorate of Philosophy in Psychology with an emphasis in Clinical Psychology. She trained at the Federal Medical Center (prison) in Rochester, MN where testing was a service to forensic and general population inmates.

She has 25 years of experience as an administrator, faculty member, and therapist. She has been a college administrator at Gogebic Community College in Ironwood, Michigan and Vermilion Community College in Ely, Minnesota.

Dr. Peterson has been a grant reviewer for the Office of Drug Policy and Violence Prevention in St. Paul, MN; a Panel Presenter for the Office of Juvenile Justice and Delinquency Prevention at a national training in Pittsburg, PA in 2001; and she was appointed to a statewide taskforce on ATODA Prevention under Governor Jessie Ventura. She continues to serve the state through active association with professionals in the addiction community.

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Clinical Psychologist**



**Psychological Testing &  
Evaluation Resources**

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**507-421-1064**

- ⌘ Major Mental Illness
- ⌘ Personality Disorders
- ⌘ Vocational Assessment
- ⌘ Eating Disorders
- ⌘ PTSD / Victimization
- ⌘ Conduct Disorder